Rock Climbing as a sport?

An Annotated Bibliography

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Rock climbing as a sport?

Abstracts

In recent years extreme sports are becoming quite popular everywhere around the world, among every age groups. Teenagers which are at their prime where they think they can do anything has started to climb trees or to a really high places due to the rush of adrenaline. One of the extreme sport that are popular and is reachable by all audiences is rock climbing. Rock climbing is one of the most popular extreme sports for its price compare to other sport and its accessibility around the world whether it is indoor or outdoor. This paper purpose it to determine whether rock climbing should be consider a sport or not? What is its benefits and cots and whether it is safe compare to other sports.
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References


Annotation 1

Authority and credentials of the author:
Education: PhD (University of Wollongong), MSc (Applied Sport and Exercise Psychology (University of Liverpool), Grad Cert (Teaching in Higher Education) (University of Wales), Grad Cert (Business) (University of Wollongong), Sports Science (Liverpool Polytechnic). Presently: Adjunct Associate Professor Faculty of Health, School - Exercise and Nutrition Science
Education: MA (Clin Psy) Presently: Professor Faculty of Health, School - Psychology and Counselling

Scope and main purpose of the work:
Extreme sports are traditionally explored from a risk-taking perspective which often assumes that participants do not experience fear. To explore participants' experience of fear associated with participation in extreme sports.

Biases:
There is no evident biases in this research.

Intended audience and level of reading difficulty:
Primarily for those in the health professions: researchers, practitioners, educators, administrators, and students. Medium to high, has lots of specific terms and vocabulary.

Evaluation of suitability:
High, because this article is doing the research whether participants' experience of fear associated with participation in extreme sports. Participants' experience of extreme sports was revealed in terms of intense fear but this fear was integrated and experienced as a potentially meaningful and constructive event in their live.
Annotation 2

Authority and credentials of the author:

The author is the research director- doctorate in Clinical Psychology at University of Leicester. He’s currently doing the research on Clinical health psychology (particularly adjustment to chronic conditions such as diabetes and cardiovascular disease), Health professional behavior change and Secondary traumatization in (health) professionals.

Scope and main purpose of the work:

In rock climbing and many other dangerous activities, the ‘buddy system’ is used to ensure that safety systems are adhered to despite adverse circumstances. This system involves two or more people using simple checks and clear communication to prevent problems causing harm.

Biases:

There is a bias in this research since the author only use rock climbing system to adapt it to the clinical instruction. It is not the author area of expertly.

Intended audience and level of reading difficulty:

The intended audience includes full and part time faculty whose primary function is clinical instruction.

Evaluation of suitability:

Low, don’t have much details regarding rock climbing, only the comparison of how buddy system can be used in nursing. The benefits of rock climbing uses in other areas.
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Annotation 3

Authority and credentials of the author:

Presently: Assistant Professor of Family Medicine at University of Maryland medical Centre.

Education: she is the Director of the Family Medicine Residency training program. Dr. Rooks is board certified in Family Medicine and has an advanced Certificate of Added Qualifications (CAQ) because of continued training in sports medicine. She received her medical degree from the State University of New York in Syracuse and completed her residency and fellowship in Sports Medicine at the University Of Maryland Medical Center. Her special interests include nutrition and exercise, primary care sports medicine, and Graduate Medical Education.

Scope and main purpose of the work:

To determine the incidence and pattern of injuries sustained in rock climbing as a sport. The research focus on the 39 participants rock climbers.

Biases:

She completed the degree in family medicine first before the degree in sport medicine. She may be influence by her previous education prior to the research.

Intended audience and level of reading difficulty:

Intended primarily for those in the health professions: researchers, practitioners, educators, administrators, and students. Medium to high, has lots of specific terms, vocabulary and references.

Evaluation of suitability:

High, it gives the solid evident regarding injuries from rock climbing, in several levels.
Annotation 4

Authority and credentials of the author:
Presently: he’s in the Department of Trauma and Orthopaedic Surgery, Sporttraumatology Klinikum Bamberg, Bamberg, Germany. He wrote 5 journal articles, all which have to do with rock climbing and its effect on physical and mental.
Presently: Institute and Out-patient Clinic of Occupational Medicine at University Hospital Aachen

Scope and main purpose of the work:
To evaluate the injury risk associated with indoor rock climbing competition at the 2005 World Championships in Rock Climbing.

Biases:
There might be an Academic Inbreeding in this research because the authors of a published work can be guilty of ‘group think. There are many research that they have work together prior to this.

Intended audience and level of reading difficulty:
These individuals are the intended audience; Physicians, athletic trainers, physical therapists, and other professionals that participate in the health care of athletes. Low to medium difficulty due to specific terms and jargons use in the text.

Evaluation of suitability:
High, because it is the evidence of injury risk in the actual competition of the world rock climbing.